



BY KATHLEEN MCDONOUGH

# THE MATHER:

## *At the Intersection of Wellness and Walkable*

As Tysons Corner continues its transformation from a business district dominated by offices and shopping to a new identity as a community with an ever-expanding range of housing options and pedestrian-friendly neighborhoods, it finds itself intersecting with the wellness revolution now shaping adult and senior living and embracing the dramatic shifts in the housing targeted to older residents by capitalizing on the benefits of mixed-use development.

Mature adults and young seniors are increasingly attuned to their physical, emotional, mental, social and spiritual health and wellness. More and more, they are looking for communities that can offer them the services, amenities and opportunities that will deliver personalized wellbeing in every facet of their lives, improving overall quality of life.

Enter The Mather, a forward thinking “life plan community” for people 62 and

older. Nothing about this new property, whose proposed site is at 7929 Westpark Drive, looks as if it’s aimed at seniors.

Here, adult living is being re-defined as spaces that promote wellness through innovative uses of smart-home technology, luxurious, maintenance-free apartment homes and healthy lifestyle amenities like a fitness center and day spa, social, cultural and educational programming, as well as restaurant and retail space. All this set within a walkable urban environment less than half a mile from Metro, in a corner of Tysons that is fast becoming a true neighborhood.

The first East Coast property for Illinois-based Mather LifeWays – innovative creators of programs, places, and residences for today’s young-at-heart older adults—and in partnership with Westminster Capital, The Mather in Tysons is projected to open in 2022.

It’s safe to say that there’s no development like it in the Washington, DC area. Along with being an amenity-rich community, The Mather will fully integrate smart home technology, such as voice-enabled personal assistants that can control smart home devices, into all of their apartments, providing state-of-the-art conveniences that can help mature adults age in place for longer periods of time.

The Mather’s stunning design features two high-rise towers with one- and two-bedroom units and offers outdoor terraces, street-level plazas and a large, private “activity event lawn,” plus smaller green spaces and private gardens. The community’s overall focus will be on amenities conducive to an active retirement or pre-retirement lifestyle. And for those who want even more, everything else—world-class shopping, dining, entertainment, sporting events and destinations—can be found right outside the door.

The Mather, as well as other wellness-focused adult communities that are sure to follow, will encourage their residents to pursue new passions and priorities, with a plan in place that supports aging well. Life plan communities provide an important benefit: a continuum of living options, which enable residents to plan ahead to access additional services, including long-term health care, if ever needed. These communities will be possibility-rich environments for their residents, with programs, amenities, services and health care that support wellness, a sense of community, and opportunities to find fulfillment.

At The Mather, the good life starts with a great address.

For more information about The Mather visit [www.TheMatherTysons.com](http://www.TheMatherTysons.com). ❖